

### Access & Transportation Guide

**By Airplane/Bus**

Tokyo	1 hr. and 50 min.	By Bus	Minamishimabara
Nagoya	1 hr. and 25 min.	Nagasaki Airport	Approx. 1 hr. and 50 min.
Osaka	1 hr. and 10 min.		

**By JR/Bus**

Hakata (Fukuoka Pref.)	Nishi Kyushu Shinkansen	Isahaya	By Bus	Minamishimabara
	Approx. 1 hr. and 10 min.		Approx. 1 hr. and 20 min.	
Dazaifu IC (Fukuoka Pref.)	Nagasaki Expressway	Isahaya IC	By Bus	Minamishimabara
	Approx. 1 hr. and 40 min.		Approx. 1 hr. and 20 min.	
Fukuoka Airport	By Expressway Bus			
	Approx. 1 hr. and 55 min.			

**By Ferry**

Nagasaki Port (Kumamoto Pref.)	Ariake Ferry	Taira Port (Unzen City)
	45 min.	
Kumamoto Port (Kumamoto Pref.)	Kyushu Ferry	Shimabara Port (Shimabara City)
	60 min.	
Kumamoto Port (Kumamoto Pref.)	Kumamoto Ferry	Shimabara Port (Shimabara City)
	30 min.	
Miike Port (Fukuoka Pref.)	Yamasa Shipping	Shimabara Port (Shimabara City)
	50 min.	
Onike Port (Kumamoto Pref.)	Shimatetsu Ferry	Kuchinotsu Port (Minamishimabara City)
	30 min.	

**By Car**

Kyushu Expressway - Oita Expressway	Tosu JCT	80 min.
(To Fukuoka)	(To Kumamoto)	
Isahaya IC	Aino	50 min.
National Route 34	National Route 251 via Obama	Minamishimabara City

### Public Transportation Contacts

**Shimabara Railway/Bus**

Yamasa Shipping	Shimabara Port Office	0957-62-2231
Kyushu Ferry	Shimabara Office	0957-64-1515
Ariake Ferry	Taira Office	0957-82-3246
Kumamoto Ferry	Shimabara Branch	0957-78-2100
Shimatetsu Ferry	Kuchinotsu Port	0957-65-0701
		0957-86-2165

**Minamishimabara City Taxi**

Miyazaki Taxi	0957-72-2057
Mishio Taxi	0957-72-2209
Heisei Kanko Taxi	0957-82-1011
Arie Taxi	0957-82-2001
Mishio Taxi	0957-82-2009
Arima Taxi	0957-84-2029
Harajo Kanko Taxi	0957-85-2103
Honda Kanko Taxi	0957-86-2100
Minamishimabara Kota (Taxi service)	0957-87-3930

### List of Lodging and Hot Spring Facilities

Unzen Mikado Hotel Honkan 0957-72-5420  
5292-2 Ko, Fukae-cho

The Marqui's 0957-72-2031  
760 Hei, Fukae-cho

Shioyu Ryokan 0957-82-3121  
242 Sukawa, Nishiarie-cho

Sukawa Kanko Hotel 0957-82-3967  
1100-38 Sukawa, Nishiarie-cho

Suwatani (closed) 0957-84-2215  
1767 Otsu, Kitairima-cho

Eco Park Ronshobaru 0957-65-7056  
4731-2 Hei, Kitairima-cho

Harajo Onsen Masago 0957-85-3155  
133 Tei, Minamiarima-cho

Harajo no Yado Hotel Shiro 0957-85-2020  
170 Tei, Minamiarima-cho

Kuchinotsu Onsen Shirahama Beach Hotel 0957-86-3030  
2829-1 Ko, Kuchinotsu-cho

Minshuku Matsuo 0957-86-3944  
158 Tei, Kuchinotsu-cho

Pension Tonari no Tako-chan 0957-86-3883  
5846-2 Tei, Kuchinotsu-cho

Unzenkan 0957-87-2052  
2817-1 Ki, Kazusa-cho

Minshuku Taiyo 0957-87-4964  
2818-1 Ki, Kazusa-cho

Kazusa Trailer Campground 0957-73-6633  
430 Otsu, Kazusa-cho

Agriculture, Forestry, and Fisheries Experience Homestay 0957-65-6333  
(Minamishimabara City Tourist Association "Himawari": 1395 Otsu, Minamiarima-cho)

Futsu Welfare Center Yurari 0957-72-7212  
470 Otsu, Futsu-cho

\*Futsu Welfare Center Yurari is a public bath and does not offer lodging.

### Contacts

Minamishimabara City Commerce, Industry, and Tourism Division  
96-2 Satobo, Nishiarie-cho, Minamishimabara City, Nagasaki Pref.  
TEL : 0957-73-6633  
E-mail : kankou@city.minamishimabara.lg.jp

Minamishimabara City Homepage

## A Minamishimabara Round Course

**GOAL** 9 km **START** 14 km

⑥ Hara Castle Ruins (UNESCO World Heritage Site)  
These castle ruins were the main battleground of the Shimabara-Amakusa Rebellion, where Hidden Christians from the Shimabara Peninsula and Amakusa rose up in the early days of Japan's ban on Christianity.

⑤ Arie Collegio Hall  
Located in the heart of Minamishimabara City, this free space can accommodate a variety of events, such as plays and concerts, serving as the cultural hub of Minamishimabara City connecting people and culture.

④ Roadside Station Himawari  
Located at the gateway to Minamishimabara City, this roadside station offers a scenic view of Japan's newest mountain, Mt. Heisei Shinzan, in all its glory. Nearby, you'll find the Memorial Park of Houses Destroyed by Debris Flow, which preserves and exhibits some of the houses damaged in the debris flow disaster caused by the Mt. Unzen-Fugendake eruption.

③ Tawarashi Lookout  
This scenic spot towers over the city of Minamishimabara and offers stunning views of the neighboring Amakusa archipelago.

② Eco Park Ronshobaru  
Built around the theme of "People and Nature living together," this nature-filled spot is popular with families and features a camping ground for trailers, cabins, a farm, and other facilities.

① Suwa Pond  
This water reservoir is the largest on the Shimabara Peninsula. Selected as one of Japan's "100 Best Reservoirs," Suwa Pond is a place where you can easily observe plants and animals in their habitat and interact with nature year-round.

**Total Length Approx. 72 km**

Ride around Minamishimabara and get your fill of both the sea and the mountains!!

Point!!

Altitude (m) vs Distance (km) graph showing the route profile.

## B Disaster Recovery Course

**GOAL** 4 km **START** 7 km

⑤ Onokoba Sabo Mirai Museum Former Onokoba Elementary School Building  
Here, you can view the damage caused by the Fugendake Disaster, monitor the volcano up close from the observatory, and get a bird's-eye view of the volcanic and erosion control measures executed with the world's first unmanned construction technology.

④ Tawarashi Lookout  
This scenic spot towers over the city of Minamishimabara and offers stunning views of the neighboring Amakusa archipelago.

③ Ayugaeri Falls  
According to a legend, this waterfall was so beautiful that it caused the late Edo-period artist Kushiro Unzen to lose his confidence and give up on painting it.

② Arie Collegio Hall  
Located in the heart of Minamishimabara City, this free space can accommodate a variety of events, such as plays and concerts, serving as the cultural hub of Minamishimabara City connecting people and culture.

① Futsu Community Hall Seiki no Izumi  
This social-exchange facility holds events and gatherings and welcomes both locals and visitors alike.

Located next to the Roadside Station, this memorial park preserves and exhibits some of the houses damaged in the debris flow disaster caused by the eruption of Mt. Unzen-Fugendake.

Point!!

This course takes you around the northern part of the city, including Fukae Town, which has successfully recovered from the Mt. Unzen disaster!

**Total Length Approx. 34 km**

Altitude (m) vs Distance (km) graph showing the route profile.

## C Historical Foreign Trade Course

**GOAL** 9 km **START** 14 km

④ Hara Castle Ruins (UNESCO World Heritage Site)  
These castle ruins were the main battleground of the Shimabara-Amakusa Rebellion, where Hidden Christians from the Shimabara Peninsula and Amakusa rose up in the early days of Japan's ban on Christianity.

③ Sukawa Port Multipurpose Disaster Prevention Square  
This multipurpose location provides a place for citizens to relax and enjoy sport activities as well as other events. It's also within walking distance of Tatsushi Seashore, a geosite in the area.

② Eco Park Ronshobaru  
Built around the theme of "People and Nature living together," this nature-filled spot is popular with families and features a camping ground for trailers, cabins, a farm, and other facilities.

① Suwa Pond  
This water reservoir is the largest on the Shimabara Peninsula. Selected as one of Japan's "100 Best Reservoirs," Suwa Pond is a place where you can easily observe plants and animals in their habitat and interact with nature year-round.

Point!!

This course takes you around the southern part of the city, including Kuchinotsu.

**Total Length Approx. 44 km**

Altitude (m) vs Distance (km) graph showing the route profile.

## D Misogoro Course

**GOAL** 7 km **START** 1 km

② Misogoro Forest Sports Park  
The park has a large playground equipment inspired by Misogoro. The large-scale playground is filled with equipment, including a long slide and various athletic structures, making it a place of recreation and relax for local residents.

① Sukawa Bridge, Nishiarie Town  
Two Misogoro statues can be found in the Nishiarie Town Sukawa Shopping District. During the local annual festival known as the "Misogoro Festival," this area is bustling with people from within and outside the city.

**Total Length Approx. 13 km**

A comfortable ride, even for beginners! Let's go see the various Misogoro-don statues across Minamishimabara!

Point!!

Misogoro  
This legendary giant from Minamishimabara City is said to have created farmland for the local citizens by using his enormous hoe to cut down the mountains, and helped the people with their farming. Locals affectionately call him "Misogoro-don" because miso is his favorite food.

Altitude (m) vs Distance (km) graph showing the route profile.

## E World Heritage Course

**GOAL** 9 km **START** 9.5 km

⑤ Hara Castle Ruins (UNESCO World Heritage Site)  
These castle ruins were the main battleground of the Shimabara-Amakusa Rebellion, where Hidden Christians from the Shimabara Peninsula and Amakusa rose up in the early days of Japan's ban on Christianity.

④ Arima Christian Heritage Museum  
This museum introduces the history of the Hara Castle Ruins, a UNESCO World Heritage Site, along with related assets like the Hinoo Castle Ruins through timelines and dioramas. You can also learn about the persecution, scattering, and eventual later recognition of Christianity in Nagasaki.

③ Seibo Park & Seibo Memorial Hall  
This memorial museum was formerly the birthplace of Minamishimabara-born sculptor Seibo Kitamura, author of the Nagasaki Peace Statue. Inside the museum, you'll find about 60 of his works on display, including his sculptures and calligraphy pieces.

② Saint Mary Kannon of Hara Castle  
This statue, close to 10 meters in height, is one of the world's largest carved wooden statue of the Mother Mary and was created by sculptor Eiji Oyamatsu over a period of 40 years as a tribute to the souls of those who died in the Shimabara-Amakusa Rebellion.

① Art Village Shirakino  
This arts and culture complex repurposes an abandoned school, the former Shirakino Elementary School, and was created with the aim of supporting young artists and developing local arts and crafts.

**Total Length Approx. 25 km**

Point!!

This course allows you to learn about the history and culture of Minamishimabara City, including the Hara Castle Ruins, a UNESCO World Heritage Site!

Altitude (m) vs Distance (km) graph showing the route profile.

## F Koka Viewpoint Course

**GOAL** 3 km **START** 4 km

⑤ Maehama Beach  
This beautiful spot offers picturesque views with its white sand and green pines. You can also enjoy marine sports at the nearby Kazusa B&G Ocean Center. The benches and swings set up along the beach are sure to be a hit on social media.

④ Futagoiwa "Twin" Rock  
This formation was created by landslide deposits consisting of Kunisaki andesite from an eruption that occurred 1.5 million years ago, which has since been eroded by waves into a shape resembling a human head.

③ Hanabusa Observatory  
This observatory offers a panoramic view over the town's main attractions: Meijima Island, Mt. Iwado, Mt. Atago, Mt. Fuji and the Hayakasa Peninsula. It also allows you to observe the process of volcanic eruptions that occurred at the southern tip of the Shimabara Peninsula from around 4.3 million to 1.5 million years ago.

② Seizumezaki Lighthouse  
Located at the southern tip of the Shimabara Peninsula, this lighthouse is a must see spot for its spectacular views of whirlpools and the Bell of Happiness that can be found on the observation deck.

① Ako (Sea Fig) Cluster  
This cluster of ako trees is over 300 years old, and the upside-down heart shape formed by one of the trees here has become a popular photo spot.

Point!!

The Kuchinotsu and Kazusa Area are full of scenic spots for your stories on socials! Let's go get that viral snap!

**Total Distance Approx. 36 km**

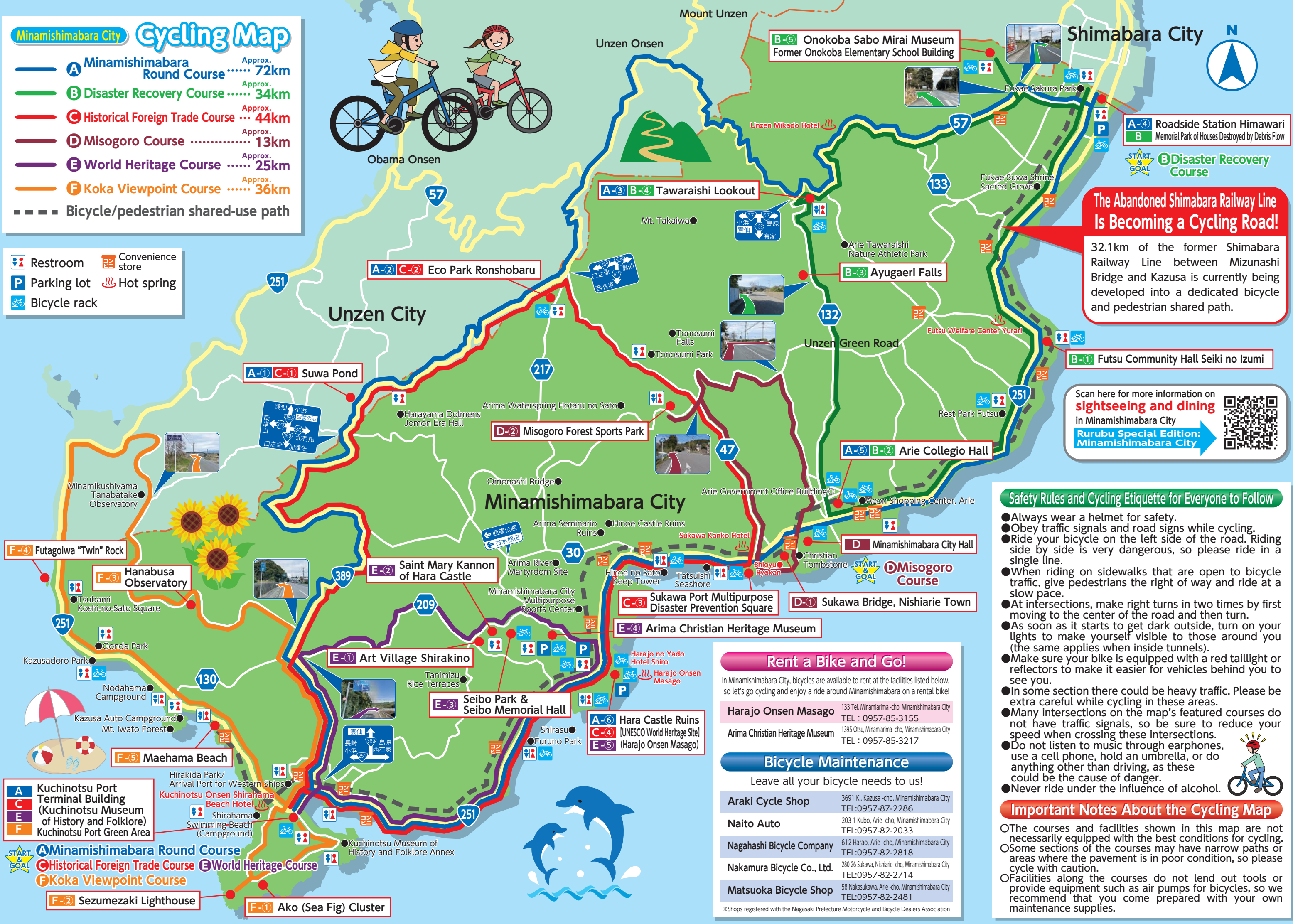
Altitude (m) vs Distance (km) graph showing the route profile.



# Minamishimabara City Cycling Map

- A Minamishimabara Round Course** ..... 72km (Approx.)
- B Disaster Recovery Course** ..... 34km (Approx.)
- C Historical Foreign Trade Course** ... 44km (Approx.)
- D Misogoro Course** ..... 13km (Approx.)
- E World Heritage Course** ..... 25km (Approx.)
- F Koka Viewpoint Course** ..... 36km (Approx.)
- Bicycle/pedestrian shared-use path

- Restroom
- Convenience store
- Parking lot
- Hot spring
- Bicycle rack



**The Abandoned Shimabara Railway Line Is Becoming a Cycling Road!**

32.1km of the former Shimabara Railway Line between Mizunashi Bridge and Kazusa is currently being developed into a dedicated bicycle and pedestrian shared path.

Scan here for more information on sightseeing and dining in Minamishimabara City



## Safety Rules and Cycling Etiquette for Everyone to Follow

- Always wear a helmet for safety.
- Obey traffic signals and road signs while cycling.
- Ride your bicycle on the left side of the road. Riding side by side is very dangerous, so please ride in a single line.
- When riding on sidewalks that are open to bicycle traffic, give pedestrians the right of way and ride at a slow pace.
- At intersections, make right turns in two times by first moving to the center of the road and then turn.
- As soon as it starts to get dark outside, turn on your lights to make yourself visible to those around you (the same applies when inside tunnels).
- Make sure your bike is equipped with a red taillight or reflectors to make it easier for vehicles behind you to see you.
- In some section there could be heavy traffic. Please be extra careful while cycling in these areas.
- Many intersections on the map's featured courses do not have traffic signals, so be sure to reduce your speed when crossing these intersections.
- Do not listen to music through earphones, use a cell phone, hold an umbrella, or do anything other than driving, as these could be the cause of danger.
- Never ride under the influence of alcohol.



## Important Notes About the Cycling Map

- The courses and facilities shown in this map are not necessarily equipped with the best conditions for cycling.
- Some sections of the courses may have narrow paths or areas where the pavement is in poor condition, so please cycle with caution.
- Facilities along the courses do not lend out tools or provide equipment such as air pumps for bicycles, so we recommend that you come prepared with your own maintenance supplies.

## Rent a Bike and Go!

In Minamishimabara City, bicycles are available to rent at the facilities listed below, so let's go cycling and enjoy a ride around Minamishimabara on a rental bike!

<b>Harajo Onsen Masago</b>	133 Tei, Minamiarima -cho, Minamishimabara City TEL : 0957-85-3155
<b>Arima Christian Heritage Museum</b>	1395 Otsu, Minamiarima -cho, Minamishimabara City TEL : 0957-85-3217

## Bicycle Maintenance

Leave all your bicycle needs to us!

<b>Araki Cycle Shop</b>	3691 Ki, Kazusa -cho, Minamishimabara City TEL:0957-87-2286
<b>Naito Auto</b>	203-1 Kubo, Arie -cho, Minamishimabara City TEL:0957-82-2033
<b>Nagahashi Bicycle Company</b>	612 Harao, Arie -cho, Minamishimabara City TEL:0957-82-2818
<b>Nakamura Bicycle Co., Ltd.</b>	280-26 Sukawa, Nishiarie -cho, Minamishimabara City TEL:0957-82-2714
<b>Matsuoka Bicycle Shop</b>	58 Nakasakawa, Arie -cho, Minamishimabara City TEL:0957-82-2481

\*Shops registered with the Nagasaki Prefecture Motorcycle and Bicycle Dealers Association

**A Kuchinotsu Port Terminal Building (Kuchinotsu Museum of History and Folklore)**  
**C Kuchinotsu Port Green Area**

**A Minamishimabara Round Course**  
**C Historical Foreign Trade Course**  
**E World Heritage Course**  
**F Koka Viewpoint Course**  
**F-2 Seizumezaki Lighthouse**  
**F-1 Ako (Sea Fig) Cluster**